

NEURODIVERSITY RIGHTS FOR KIDS PRINTABLES



I have the right to Use Things that Help Me

I can use things like fidget toys and headphones that help me concentrate and feel comfortable.

I have the right to Communicate in My Way

I can use technology, signs, or my own words to express myself and understand others.

I have the right to Decide for Myself

I can voice my opinion and participate in decision-making at school and at home.

I have the right to Be Myself

I can choose my clothes and the things I like to do, and express my feelings and thoughts.

I have the right to Help that Fits Me

I can get the aids and adaptations I need, both at home and at school.

I have the right to Be in a Place where I am Respected

I deserve to be in places where people understand and respect me.

I have the right to Make My Own Decisions

My opinions and choices matter, and I should be allowed to make decisions about my own life.

I have the right to Respect

I should always be treated nicely and with respect, and no one should bully me.

I have the right to Friends and to Be Heard

I can have friends and be part of a community where people listen to what I say.

I have the right to Have Mentors and meet People Like Me

I should be able to meet and hear positively about others who are like me and doing well.

I have the right to Feel Safe

I deserve to be in a place where I feel safe and protected.

I have the right to Show What I Can

I should have the opportunity to showcase my strengths and be celebrated for what I'm good at.



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